

District Sponsors Young Adult OWL Class

Be a part of the Metro NY District Young Adult Our Whole Lives (OWL) class starting in fall 2009! The age range of 18-35 is a broad one with many changes and challenges, one of which is navigating sexuality and relationships as an adult. Facilitators Kirsten DeFur, the Rev. Jude Geiger, and Claire Sexton will be leading the 14-session course at the Community Church of New York in Manhattan beginning September 10. The class will meet every other Thursday evening from 7 to 8:30 pm.

OWL is based on a philosophy of comprehensive sexuality education that helps participants make informed and responsible decisions about their sexual health and behavior. The young adult curriculum helps participants navigate young adulthood with accurate information, increased self-knowledge, enhanced safety, and strengthened interpersonal skills. This class is open to anyone age 18-35 in the Metro NY District, and there is a suggested donation of \$10 for the whole class to help offset the cost of supplies. If you are interested in joining the class or have any questions, please call or email Claire Sexton at 214-868-6054 or clairesexton@gmail.com.

The class will meet on the following dates:

Sept. 10
Sept. 24
Oct. 8
Oct. 22
Nov. 5
Nov. 19
Dec. 3
Dec. 17
Jan. 14
Jan. 28
Feb. 11
Feb. 25
Mar. 11
Mar. 25
Apr. 8

We hope you can join us!