

# *Ways To The Spirit '06*

## *A weekend of spiritual practice for Unitarian Universalists*

*Are you seeking a more spiritual life? Would you like more balance in your life? Or would you just like some time away to deepen your inner connections? Join us in a variety of spiritual practices including prayer, meditation, meditative arts, music, and movement, labyrinth walking and silent time,\* all designed to help you get in touch with the spirit within.*

**When:** July 28 - 30, Friday Evening through Sunday Lunch

**Where:** Murray Grove, Lanoka Harbor, New Jersey

**Cost:** \$250 including meals, double occupancy

**Leaders:** Rev. Karen Foley, Wright Tavern Center for  
Spiritual Renewal  
Rev. Craig Hirshberg, Meditation Live  
Rev. Charles Stephens, Washington Crossing UU

*Our leaders are ordained Unitarian  
Universalist ministers and have been trained in Spiritual  
Direction at the Shalem Institute in Washington, D C*

*For more information, contact The Rev. Craig  
Hirshberg, (908) 832-0219 Or email  
[Somerhiluu@aol.com](mailto:Somerhiluu@aol.com)*

*\*Participants may choose either a limited or extended silence  
program.*

*(continued)*

# Ways to the Spirit

July 28 - 30, 2006

Murray Grove Conference Center  
Lanoka Harbor, NJ

---

## Registration Form

---

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

---

The cost of the program is \$250 double occupancy; \$325 single occupancy when available. A non-refundable deposit of \$50 is required to secure your place at the retreat. We are unable to accept credit cards. Please make checks out to Craig Hirshberg and send to "Ways of the Spirit" c/o Craig Hirshberg, 10 Andrea Way, Califon, NJ 07830

Upon registration, directions and additional information about the Ways to the Spirit Retreat will be sent to you directly.

---

Payment;  
Deposit: \_\_\_\_\_ Paid in full \_\_\_\_\_ Initial \_\_\_\_\_