

*For anyone who wants  
more love in their life...*

Join us for an experiential workshop

# Heart to Heart

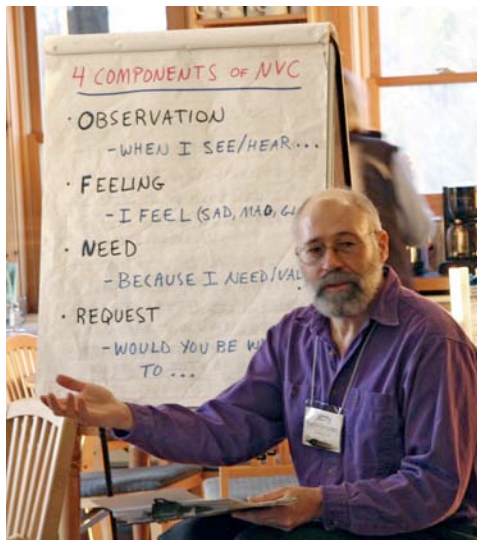


## A Valentine's Day workshop on Communicating with Compassion

FOUNDATIONS OF NONVIOLENT COMMUNICATION<sup>SM</sup>

Offering:

- a language and consciousness of compassion that can improve your relationships
- skills to support dialogue in the face of judgment, criticism, and anger
- effective ways to bring more ease, and connection and joy into your life
- support for parenting and teaching from your heart
- a nonviolent approach to social change



## February 14, 2009

Saturday: 9:00 am – 4:00 pm

Westport CT 06880

At the Unitarian Church in Westport 10 Lyons Plains Road

Workshop led by Jerry Koch-Gonzalez  
CNVC Certified Trainer

Sponsored by the Institute for Peaceable Communities and the  
Unitarian Church in Westport

This workshop is an introduction to the principles of Nonviolent Communication<sup>SM</sup> (NVC) as developed by Marshall Rosenberg and others worldwide. Jerry Koch-Gonzalez is the founder of New England NVC.

Requested contribution: sliding scale \$105-45 (avg. \$75). **All are welcome regardless of ability to contribute financially.** Lunch and snacks included. **Social Workers:** this program has been approved for 6 Continuing Education hours for relicensure, in accordance with 258 CMR. Authorization Number D 40294-1.

Register online at [www.newenglandnvc.org](http://www.newenglandnvc.org) or call Jerry at 413-549-1747