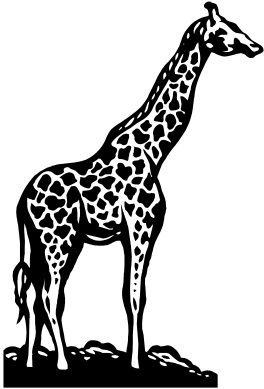
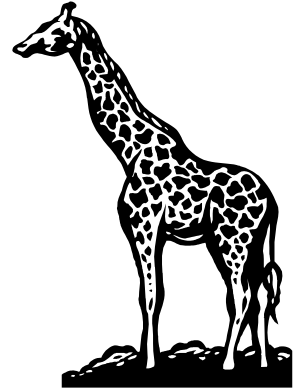


BUILDING SKILLS & CONSCIOUSNESS OF NONVIOLENT COMMUNICATION



Among topics we will explore:

- *Self-Empathy
- *Regret and Anger
- *Do Needs Conflict?
- *NVC in Natural Language
- *The Centrality of Needs/All Needs Matter
- *Transforming Have to into Choose to
- *Expressing Gratitude



We request that attendees at this workshop be familiar with basic NVC principles and methods, and have attended a minimum of 6 workshop/class hours. Questions call Jerry.

March 7, 2009

Saturday 9:30 am – 5:00 pm

Westport CT 06880

At The Unitarian Church in Westport 10 Lyons Plains Road

Workshop led by Jerry Koch-Gonzalez CNVC Certified Trainer

Sponsored by the Institute for Peaceable Communities and the Unitarian Church in Westport

Jerry Koch-Gonzalez is long time social change activist, diversity and organizational consultant, founder of New England NVC, co-founder of the Institute for Peaceable Communities, and the Americas representative to the CNVC Global Community Circle.

Requested contribution: Sliding scale \$105-45 (avg. \$75). *All are welcome regardless of ability to contribute financially.* **Social Workers:** this program has been approved for 6.5 Continuing Education hours for relicensure, in accordance with 258 CMR/Authorization Number D 40294-3.

Register online at www.newenglandnvc.org or call Jerry at 413-549-1747.