

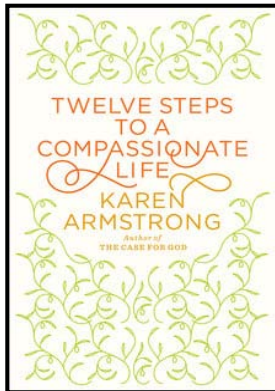
Twelve Steps to a Compassionate Life

Study Group

Rev. Susan Karlson, minister of the Unitarian Church of Staten Island, and
Esther Rosado, Director of Lifespan Religious Education

First Mondays of the month: March 5, April 2, May 7, June 4, more dates to be decided.
Community Church of New York, 40 East 35th Street, NY, NY. 6:00 – 8:00 p.m.

Please contact Esther Rosado by phone 212 683-4988 extension 23 or e-mail erosado@ccny.org to register for the class.



Join our new book discussion group by the noted religious historian, Karen Armstrong. We will explore a work by the noted religious historian, Karen Armstrong.

More than a book study group, Karen Armstrong recommends at the end of each group introducing one regular practice into each member's life "... ways in which your actions can become a dynamic and positive force for change, not just within yourself but in the world around you..."

Karen Armstrong believes that while compassion is intrinsic in all human beings, each of us needs to work diligently to cultivate and expand our capacity for compassion. In *Twelve Steps to a Compassionate Life*, Armstrong offers concrete ways of putting compassion into action in our everyday lives.

Explore and develop twelve new habits that should be effecting a transformation within yourself and your immediate environment.

Rev. Susan Karlson is the minister of the Unitarian Church of Staten Island. She is a friend of Community Church of New York and preaches here during the summer services.

Rev. Karlson co-chairs the Metro New York District Antiracism and Diversity Committee and is secretary of the Unitarian Universalist Trauma Response Ministry.

